

# November

## 2023 Breakfast & Lunch Menu

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*Menu to change without notice. This institute is an equal opportunity provider.*



**Daily offering:**

**1% Low Fat Free White and Low Fat Free Chocolate Milk are offered with each meal.**

		Wednesday 1	Thursday 2	Friday 3
		<b>Breakfast</b> Mini Waffles Fruit Juice & Milk	<b>Breakfast</b> PB&J Uncrustables Fruit Juice & Milk	<b>Breakfast</b> Chorizo & Potato Burrito Fruit Juice & Milk
		<b>Lunch</b> Hamburger & Fries Veggies Fruit & Milk	<b>Lunch</b> Mac & Cheese Veggies Fruit & Milk	<b>Lunch</b> Quesadilla Beans & Veggies Fruit & Milk
Monday 6	Tuesday 7	Wednesday 8	Thursday 9	Friday 10
<b>Breakfast</b> Bagel & Cream Cheese Fruit Juice & Milk	<b>Breakfast</b> Blueberry Muffin Fruit Juice & Milk	<b>Breakfast</b> Egg & Ham Burrito Fruit Juice & Milk	<b>Breakfast</b> Yogurt & Cereal Bar Fruit Juice & Milk	
<b>Lunch</b> Scalloped Potatoes Veggies Fruit & Milk	<b>Lunch</b> Fajita Burrito Rice & Veggies Fruit & Milk	<b>Lunch</b> Sandwiches Chips & Veggies Fruit & Milk	<b>Lunch</b> Chicken Tenders Fries & Carrots Fruit & Milk	
Monday 13	Tuesday 14	Wednesday 15	Thursday 16	Friday 17
<b>Breakfast</b> Pancakes & Bacon Fruit Juice & Milk	<b>Breakfast</b> Mini Waffles Fruit Juice & Milk	<b>Breakfast</b> Bagel & Cream Cheese Fruit Juice & Milk	<b>Breakfast</b> Cereal String Cheese & Fruit Juice & Milk	<b>Breakfast</b> Oatmeal Fruit Juice & Milk
<b>Lunch</b> BBQ Pork Sandwich Fries & Veggies Fruit & Milk	<b>Lunch</b> Chicken Noodle Soup Grilled Cheese Fruit & Milk	<b>Lunch</b> Corn Dogs Fries & Celery Sticks Fruit & Milk	<b>Lunch</b> Thanksgiving Feast	<b>Lunch</b> Chef Salad Breadstick Fruit & Milk
Monday 20	Tuesday 21	Wednesday 22	Thursday 23	Friday 24



Monday 27	Tuesday 28	Wednesday 29	Thursday 30	
<b>Breakfast</b> Mini Waffles Fruit Juice & Milk	<b>Breakfast</b> Yogurt & Cereal Bar Fruit Juice & Milk	<b>Breakfast</b> Banana Bread Fruit Juice & Milk	<b>Breakfast</b> Cereal String Cheese & Fruit Juice & Milk	
<b>Lunch</b> Bean Burrito Veggies Fruit & Milk	<b>Lunch</b> Pizza & Garden Salad Veggies Fruit & Milk	<b>Lunch</b> Chili Beans Corn Bread & Veggies Fruit & Milk	<b>Lunch</b> Chicken Alfredo Breadsticks & Veggies Fruit & Milk	